

## Aging Sexual Attitudes and Knowledge Scale

1. Sexual activity in aged persons is often dangerous to their health.
  - a. True
  - b. False
  - c. Don't know
2. Males over the age of 65 typically take longer to attain an erection of their penis than do younger males.
  - a. True
  - b. False
  - c. Don't know
3. Males over the age of 65 usually experience a reduction in intensity of orgasm relative to younger males.
  - a. True
  - b. False
  - c. Don't know
4. The firmness of erection in aged males is often less than that of younger persons.
  - a. True
  - b. False
  - c. Don't know
5. The older female (65 + years of age) has reduced vaginal lubrication secretion relative to younger females.
  - a. True
  - b. False
  - c. Don't know
6. The aged female takes longer to achieve adequate vaginal lubrication relative to younger females.
  - a. True
  - b. False
  - c. Don't know
7. The older female may experience painful intercourse due to reduced elasticity of the vagina and reduced vaginal lubrication.
  - a. True
  - b. False
  - c. Don't know
8. Sexuality is typically a life-long need.
  - a. True
  - b. False
  - c. Don't know
9. Sexual behavior in older people (65 +) increases the risk of heart attack.
  - a. True
  - b. False
  - c. Don't know
10. Most males over the age of 65 are unable to engage in sexual intercourse.
  - a. True

- b. False
  - c. Don't know
11. The relatively most sexually active younger people tend to become the relatively most sexually active older people.
- a. True
  - b. False
  - c. Don't know
12. There is evidence that sexual activity in older persons has beneficial physical effects on the participants.
- a. True
  - b. False
  - c. Don't know
13. Sexual activity may be psychologically beneficial to older persons.
- a. True
  - b. False
  - c. Don't know
14. Most older females are sexually unresponsive.
- a. True
  - b. False
  - c. Don't know
15. The sex urge typically increases with age in males over 65.
- a. True
  - b. False
  - c. Don't know
16. Prescription drugs may alter a person's sex drive.
- a. True
  - b. False
  - c. Don't know
17. Females after menopause, have a physiologically induced need for sexual activity.
- a. True
  - b. False
  - c. Don't know
18. Basically, changes with advanced age (65 +) in sexuality involve a slowing of response time rather than a reduction of interest in sex.
- a. True
  - b. False
  - c. Don't know
19. Older males typically experience a reduced need to ejaculate and hence may maintain an erection of the penis for a longer time than younger males.
- a. True
  - b. False
  - c. Don't know
20. Older males and females cannot act as sex partners as both need younger partners for stimulation.
- a. True

- b. False
- c. Don't know

21. The most common determinant of the frequency of sexual activity in older couples is the interest or lack of interest of the husband in a sexual relationship with his wife.

- a. True
- b. False
- c. Don't know

1. True OR False, depending. In a mutually monogamous relationship, the risk of STIs is low, but when there are multiple partners, it can be risky. If the partners are in good health, sex is healthy and a good form of aerobic activity. If one of the partners has cardiovascular disease or other illness, sex can be risky to their health.
2. True.
3. True.
4. True.
5. True.
6. True.
7. True.
8. True.
9. True OR False, depending. In a healthy person, regular sexual activity may reduce the risk of heart attack. In a person with cardiovascular disease, it may increase the risk.
10. True OR False, depending. Most men over 65 are physically capable of erection, most have partners available, and most are healthy enough to engage in sexual intercourse. However, if the rate of men over 65 with complete erectile dysfunction (15%) is added to the number who do not have a partner (about 6%) and the number who have a health condition that might interfere with sexual activity (22%), we're starting to get close to the number that would constitute "most."
11. True.
12. True.
13. True.
14. True OR False, depending. For women in committed relationships, it is highly likely that they are sexually responsive. Women who are single may be sexually responsive during masturbation. But there are some women who would be sexually responsive if they were in a relationship, and others who would be sexually responsive if they were in a more satisfying relationship.
15. True.
16. True.
17. False. Most post-menopausal women have psychological desires for sex just as they did prior to menopause.
18. True.
19. True.
20. True OR False, depending. Most people are sexually aroused by people of their own age group, but for some, a younger partner is more exciting and leads to greater sexual responsiveness.
21. True.